



National Task Force on Hepatitis B

www.hepbtaskforce.org

Meeting Notes

Date: Wednesday, January 11, 2023 (generally, every 1st Wednesday of the month)

Time: 3PM ET / 2PM CT / 1PM MT / 12PM PT / 10 AM Hawaii

Email: administrator@hepbtaskforce.org

Zoom Meeting registration link: <https://us02web.zoom.us/j/81055483671?pwd=YjdPN2RybE03eGpwdVJCZWpSWFJ5Zz09>

Attendance (at or after 3:05PM) are as follows:

Executive Board Members (Officers):

- Co-Chair: Carol Brosgart, MD (San Francisco, CA)
- Co-Chair: Richard So, MPH, Executive Director, SF Hep B Free – Bay Area (San Francisco, CA)
- Secretary: Yasmin Ibrahim, MD, PhD, MBA, Senior Program Manager, Hepatitis B Foundation (Doylestown, PA)
- Administrator (and notetaker): Amy Trang, PhD, MEd, Founder and CEO, Social Capital Solutions (Northern VA)

Regional Directors:

- Northeast Regional Director: Vacant
- Southeast Regional Director: Vacant
- North Central Regional Director: Vacant
- South Central Regional Director: Tzu-Hao “Howard” Lee, MD, Assistant Professor, Baylor College of Medicine (Houston, TX)
- Western Regional Director: Thaddeus Pham, Viral Hepatitis Prevention Coordinator, Hawaii State Department of Health (Honolulu, HI)

Student Representation

- APAMSA students

Board Advisors:

- Richard Andrews, MD, MPH, Board Advisor (Houston, TX)
- Moon Chen, PHD, MPH, Board Advisor; one of the original founders of the Task Force in 1997 (UC Davis; Sacramento, CA)
- Chari Cohen, DrPH, MPH, Board Advisor (Hep B Foundation; Doylestown, PA)
- Robert Gish, MD, Board Advisor (Robert G. Gish Consultants; San Diego, CA)
- Lu-yu Hwang, MD, Board Advisory (Department of Epidemiology, University of Texas HSC; Houston, TX)
- Karen Jobu, Board Advisor (Asian American Community Services; Columbus, OH)
- Amy Tang, MD, Board Advisor (North East Medical Services; San Francisco, CA)

General Members (open to all on listserv; please excuse any typos): Total Number of attendees: 15

- ✓ Julia Freimund, University of Washington School of Medicine (Seattle, WA)
- ✓ Lizette Gutierrez, Baylor St. Luke’s Medical Center (Houston, TX)
- ✓ Maggi Li, Hepatitis B Program Coordinator, MAHA (Chicago, IL)
- ✓ Binh Tran, PharmD, APHF and Hep B Free LA (Los Angeles, CA)
- ✓ Becky Nguyen, Vietnamese American Cancer Foundation (Fountain View, CA)
- ✓ Y-Uyen Nguyen, MD, Charles B Wang Community Health Center (New York, NY)
- ✓ Alma Chavez, Community Engagement Project Coordinator, New York City Health Department (New York, NY)
- ✓ Jane Park, APAMSA (Southern California)
- ✓ Stephanie Campbell, Medical Affairs, Dynavax
- ✓ Thuy Nguyen, MD, Scientist, US National Cancer Institute (Bethesda, MD)

Note: There may be some members missing from this list of attendees; please excuse any omission.

Agenda:

- 1) Welcome Task Force members
- 2) Note any changes to previous meeting's notes
- 3) Project updates:
 - a. HBV universal vaccination guidance promotion among providers (no new updates)
 - b. HBV ECHO program expansion (Lizette Gutierrez)
 - c. HBV workforce development projects (Amy Trang)
 - d. HBV elimination plan best practices among state Viral Hepatitis Coordinators (no new updates)
 - e. HBV work group on updating screening guidance (no new updates)
 - f. Upcoming trainings or resources (Julia Freimund)
- 4) Action Plan discussion: Next steps?
- 5) Regional Updates (all Regional Directors)
 - a. Nominations for Officers and Regional Directors
- 6) Other items (all members)

Meeting format:

- strategic discussions and resource sharing to assist members with their local work

Notes:

- 1) Welcome: Introduction / Roll Call of Officers and Regional Directors (Amy Trang)
 - a) Opening remarks made by Richard So
 - b) Members were asked to introduce themselves and provide any organization / project updates
 - c) Recognize any new members on the call: see list of attendees above
- 2) Note any changes to previous meeting's notes: none
- 3) Project Updates
 - a) HBV ECHO program expansion
 - i) Lizette shared that the HBV ECHO program in Texas is now officially "Viral Hepatitis ECHO" program and is offered 2 times a month (2nd and 4th Mondays of the month). The first one was this past Monday with great turnout and about 10 submitted cases. This restructured program includes HBV and HCV (and soon to add HDV).
 - b) HBV workforce development project: see notes in student representatives' section below in section 5b.
 - c) Upcoming trainings or resources
 - i) Hepatitis B Online has already launched their 2nd edition in December and have new CME/CE opportunities, including advance pharmacology CE for advanced practices. This allows for those who have already earned CME/CE from the previous edition to earn new CME/CE credits because of the new materials that are available. Program is 100% funded by CDC for continuing medical education so it's free. Here's the link: [Hepatitis B Online \(uw.edu\)](#). It's also posted on the Task Force's website.
 - ii) SAVE THE DATE: Hep B United Summit (in-person) is tentatively being planned for the end of July this year in Washington, DC. It will be a 3-day event, with the first two days as conference days and the last day as a Hill visit day to meet with congressional legislators and/or their staff. This is a great opportunity to stay engaged and advocate for more resources.

4) Action Plan discussion: Next steps?

- a) Richard So shared that SF Hep B Free Bay Area is planning a fairly large initiative in Northern San Antonio Valley where they want to include training physicians; this would be a great opportunity to engage providers in utilizing the Hepatitis B Online training tool. Will follow-up on the progress of this.
- b) From March to May, leading up to Hepatitis Awareness month, we need Task Force members to help us reach and utilize ethnic media as well as make personal contacts to reach doctors in the community and encourage them to do the Hepatitis B Online CME / CE training to increase awareness and willingness to care / treat Hep B patients.
- c) Does anyone know how we may be able to have a personal introduction to leaders at health systems, like hospitals or Kaiser? We want to work towards implementing the AB 789 recommendations to encourage providers in California to screen and test for HBV and HCV.
- d) The Task Force will be focused on continuing to support and promote our Officers and Regional Directors' HBV-related projects in 2023.
- e) Amy needs to clean up the Google groups list with the newsletter list.

5) Positions available for nominations:

a) Secretary / Treasurer:

- i) Dr. Yasmin Ibrahim is a senior public health program manager at Hepatitis B Foundation (HBF). She leads the Patient Engagement Program; systematically assessing Patient Reported Outcomes (PROs) and Quality of Life (QoL) among people living with chronic hepatitis B (CHB), to better understand the physical, social, and emotional impact of CHB, to enhance the voice of people living with the disease, and advocate for better access to care and inclusion of patients' voice in CHB management. The insights developed continue to inform hepatitis B community partners, providers, regulators, and the industry about patients' challenges living with CHB and their hopes for, and perspectives on, new hepatitis B treatments. Dr. Ibrahim also directly supports people living with CHB through about 2,500 email consults annually from around the globe. Dr. Ibrahim spent most of her 20+ years working with policy makers, healthcare providers, patients, and patient organizations to strengthen health system financing, improve access to care and medicine, and improve quality of care. She is particularly passionate about improving the health of people living in low- and middle-income countries and low-resource communities. Dr. Ibrahim is trained as a medical doctor, holds an MBA in healthcare from Johns Hopkins University, and a PhD in social policy from Brandeis University. She teaches Epidemiology, Health Economics, and Health Systems Research to graduate and undergraduate public health students.

b) Student Representative(s): Jane Park from APAMSA joined our call today.

- i) Jane is a 2nd year medical student at Western University of Health Sciences and is a part of the hepatitis program at APAMSA.
- ii) Starting in 2023, the Task Force will be welcoming more than 1 student representative on our calls to increase engagement among medical and public health students from APAMSA and TeamHBV; this will also allow for more opportunities for networking and mentorships for students interested in HBV work and is in-line with our workforce development initiatives.

c) Regional Directors:

- i) North Central Region (formerly the North Midwest Region; it's "Central" now based on time zone): Still open to nominations.

ii) Northeast Region candidate:

- (1) Dr. Ponni Perumalswami is an Associate Professor of medicine at the University of Michigan and Director of the Liver Clinic at the VA Ann Arbor Healthcare System. She is a health services researcher focused on

improving access to care for patients with liver disease. She has directed a community health worker lead model of viral hepatitis and liver cancer outreach for West African in New York City and is now adapting the model to Asian American communities in Michigan. Her research focuses on the development of integrated care models to improve viral hepatitis and alcohol-associated liver care within underserved and vulnerable communities. In 2020, Perumalswami joined the steering committee of the Michigan Department of Health and Human Services' Hepatitis C Virus Elimination Plan and is co-leader of the We Treat Hep C Initiative in Michigan. She also works with the Michigan Opioid Collaborative on outreach and training initiatives aimed at increasing hepatitis C screening and treatment by primary care providers in rural areas of the state.

iii) Mid-Atlantic Region + Southeast Region (combined position): still available for nominations.

d) Please begin to nominate and self-nominate to fill these positions.

i) Submit a short bio and headshot photo to share

ii) Email: administrator@hepbtaskforce.org

iii) More information about the roles and responsibilities of these volunteer positions can be found:

<https://hepbtaskforce.org/our-coalition/governing-structure>

6) Regional Updates

a) Student Representative: no additional updates

b) Western Region (Thaddeus Pham):

i) Thaddeus and Amy are still exploring options for funding an in-person summit in Hawaii this year right after AASLD in November; it may be focused just locally in Hawaii if there's a lack of funding. Gilead and Dynavax have already responded that they are not able to provide support this year.

ii) Becky Nguyen shared updates from Vietnamese American Cancer Foundation (VACF). Since the COVID-19 pandemic, VACF has expanded services and are going through a process to rename themselves as "Vital Access Care Foundation" to reflect the scope of services that the community needs. They will still be doing liver cancer prevention work and serve the Vietnamese community, but expand it to other ethnic communities like the Spanish-speaking communities as well as expand their services to include other disease focuses and community needs.

c) North Central Region:

i) Maggie Li shared that she will be leaving her position at MAHA and soon begin work in her new position at the Chicago Health Department infectious diseases bureau. She intends to rejoin the task force once she's settled in her new position.

d) South Central Region (Dr. Howard Lee):

i) Dr. Howard Lee shared information about the upcoming AASLD North American Viral Hepatitis Elimination Summit: <https://www.aasld.org/2023-north-american-viral-hepatitis-elimination-summit>. He clarified that this is not just for providers, but also those who are interested in public health, including patient advocates. The summit will be held Friday, March 24 – Saturday, March 25, 2023 in Los Angeles, CA. Continuing education credits will be offered. Amy will include this event on the Task Force calendar.

ii) Another upcoming related conference is APASL in Taiwan from February 15 – 19, 2023. Link: [APASL 2023](#). A few task force members who are not on the call today have indicated that they will be attending. Amy has already posted this event on the Task Force calendar.

iii) Dr. Richard Andrews (via email) shared that the Houston Viral Hepatitis Task Force, of which he's the current president, is now partnering with the local/regional AIDS Education and Training Center (AETC). They provide resources for us, such as use of their Zoom account and support for an annual meeting. They say they can do this because they received money that specifically mentions viral hepatitis. Has anyone else in the National Task Force on Hepatitis B heard of any other examples of cooperation between an AETC and a hepatitis program/event? We can discuss this on next month's call.

e) Northeast Region (Dr. Ponni Perumalswami):

- i) Alma Chavez is new to the Viral Hepatitis program at the New York City Health Department. Her role is to coordinate community engagement projects so if anyone wants to promote anything hepatitis related (B or C) in New York, she can put it on the calendar.
- ii) Dr. Y-Uyen Nguyen assured Charles B Wang Community Health Center's commitment in resuming community-based outreach in this coming year. The new Hepatitis B Program Director, Julie Yoshimati, will be joining the Task Force soon; she's been working at CBWCHC for the past 3 years now. Also, CBWCHC still has a lot of translated materials and resources on Hepatitis B if anyone needs them. Languages include: English, Chinese (Mandarin and Cantonese), Vietnamese, Korean, and French.
 - (1) Amy commented that CBWCHC is a great national partner because many of the communities that we serve have relatives all across the country and when they visit different areas, they may participate in the free health screening events. When we find that they test positive, we're able to use our networks and resources at the Task Force to connect them to a provider in their hometown.

f) Southeast Region: no new updates

7) Other items: (not discussed in the meeting)

Meeting adjourned at 4:00PM Eastern Time.

- Next Hep B Task Force Zoom meeting date: **Wednesday, February 1, 2023 at 3PM Eastern Time /2PM Central/ 1PM Mountain/ 12PM Pacific / 10 AM Hawaii (1st Wednesday of each month).**
 - Other dates in 2023: March 1, April 5, May 3, September 6, October 4, and December 6
 - No meetings in June, July, August, and November; activities will continue to be shared via email
- Suggestions for the next agenda:
 - Review nominations for 2 vacant Regional Director positions for the next 2-years.
 - Projects and resource updates and discussions
 - Discuss AIDS Education and Training Center (AETC) and if any other states are able to leverage their resources for HBV programs because the money received specifically mentions viral hepatitis.
- The National Task Force on Hepatitis B is a volunteer-based national coalition and is independent from the state and local Task Forces or coalitions. Everyone is welcome to join the National Task Force on Hepatitis B by registering through our website. [Newsletter - The National Task Force on Hepatitis B \(hepbtaskforce.org\)](https://www.hepbtaskforce.org). Promotion of the National Task Force on Hepatitis B is primarily through "word-of-mouth" and personal communication.

Upcoming HBV ECHO sessions: Free CME

Gulf Coast (Texas Heart Institute with Baylor St. Luke Medical Center): [Project ECHO Interest Form \(bcm.edu\)](https://bcm.edu)

- Every 2nd and 4th Monday of the month
- 12:00PM to 1:00PM Central Time
- To register: [Project ECHO Interest Form \(bcm.edu\)](https://bcm.edu)

East Coast (Hep B United Philadelphia): Hepatitis B ECHO Meeting [Registration - Zoom](https://zoom.us)

- Every 4th Thursday of the month
- 12:00PM – 1:00PM Eastern Time
- To register: [Meeting Registration - Zoom](https://zoom.us)

Other ECHO programs with HBV:

- The University of Washington Project ECHO Viral Hepatitis meets every Tuesday, 12 – 1:30 PM Pacific Time.
- To discuss if this ECHO program would be a good fit or if other training or consult options would better suit your interests/schedules, please email Pam Landinez, landinez@uw.edu.
- The sessions are geared towards individuals in the state of Washington and focus on hepatitis B or C is driven by the program participants.

Upcoming international HBV conferences:

- The Asian Pacific Association for the Study of the Liver (APASL) 2023
 - Taipei, Taiwan
 - February 15-19, 2023
 - Registration link: [APASL 2023](#)
- The 18th International Symposium of Viral Hepatitis and Liver Diseases (ISVHLD) Global Hepatitis Summit 2023
 - Paris, France
 - April 25 – 28, 2023
 - Registration link: [Global Hepatitis Summit 2023 | Home \(global-hepatitis.com\)](#)
- The European Association for the Study of the Liver (EASL) 2023
 - Vienna, Austria
 - June 21 – 24, 2023
 - Registration link: [EASL Congress 2023 | 21-24 June 2023 | Vienna, Austria](#)
- American Association for the Study of Liver Diseases (AASLD) Liver Meeting 2023
 - Boston, MA
 - November 10 – 14, 2023
 - No Registration link yet

Items shared via email:

- See attached article.

ORIGINAL RESEARCH—CLINICAL

It Is Time for a Simplified Approach to Hepatitis B Elimination

Douglas Dieterich,¹ Camilla Graham,² Su Wang,³ Paul Kwo,⁴ Young-Suk Lim,⁵ Chun-Jen Liu,⁶ Kosh Agarwal,⁷ and Mark Sulkowski⁸

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BACKGROUND AND AIMS: Hepatitis B virus (HBV) infection continues to threaten millions of lives across the globe, despite universal vaccination efforts. Current guidelines for screening, vaccination, and treatment are complex and have left too many people undiagnosed or improperly managed. Antiviral therapy has been shown to significantly reduce the incidence of liver-related complications, including liver cancer. However, the complexity of existing guidelines can make it difficult to identify which patients to target for treatment, and recommendations that are difficult to implement in real-world settings pose a barrier to eligible patients to receive therapy and contribute to health disparities in HBV care. The goal of this global expert panel was to gain consensus on a streamlined approach to HBV care to facilitate implementation of HBV intervention and treatment, especially in the primary care setting. **METHODS:** A group of 8 liver and infectious disease specialists attended a meeting in January 2021 with the objective of gaining consensus on a streamlined algorithm for HBV care that would encourage implementation of HBV intervention and treatment. **RESULTS:** We have created a comprehensive perspective highlighting screening optimization, diagnostic workup, treatment, and monitoring. This treatment algorithm is designed to provide a streamlined visual pathway for risk stratification and management of patients with HBV that can be adapted in various care settings. **CONCLUSION:** Simplification of guidelines will be critical to achieving health equity to address this public health threat and achieve HBV elimination.

Keywords: Hepatitis B; Simplified treatment; HBV algorithm

Introduction

Hepatitis B virus (HBV) infection is the leading cause of hepatocellular carcinoma (HCC) and liver-related deaths worldwide, causing 780,000 HBV-related deaths each year.^{1,2} More than 2 billion people have been infected with HBV worldwide, of which 296 million people were living with chronic HBV infection in 2019; by comparison, 58 million people were living with hepatitis C virus (HCV) infection in 2019 and 38 million were living with human

immunodeficiency virus (HIV) in 2019.^{3,4} HBV is an ongoing viral pandemic with an estimated 1.5 million new HBV infections each year despite the existence of highly effective vaccines.⁴

The World Health Organization (WHO) aims to achieve elimination of HBV as a public health threat and has set goals to increase the diagnosis of people infected to 90% and to reduce the number of people dying from HBV infection by 65% by 2030.⁴ Yet not a single country is on track to achieve the WHO HBV mortality goal by 2030.⁵ Decentralized care and primary care health providers are the key to the expansion of testing, vaccination, and treatment in order to reach hepatitis elimination global targets. Shifts of decentralizing have already begun with hepatitis C globally and have led to increases in screening and linkage to care and treatment.⁶ Such task shifting toward primary care and frontline workers is also much needed for HBV, or its elimination as a public health threat will not be achieved.

The current HBV guidelines and recommendations are directed toward specialists (whether gastroenterologists, hepatologists, or infectious disease specialists), and data show that significant gaps in care persist.^{7–9} Many people living with HBV are not receiving regular monitoring for their HBV treatment or liver cancer screening. Key challenges include complex and difficult to implement, risk-based recommendations for screening and vaccination. Current treatment guidelines leave many patients uncategorized, who

Abbreviations used in this paper: HBV, Hepatitis B virus; HCC, hepatocellular carcinoma; HCV, hepatitis C virus; HIV, human immunodeficiency virus; AST, aspartate aminotransferase; ALT, alanine aminotransferase; AFP, alpha-fetoprotein; Anti-HBc, hepatitis B core antibody; Anti-HBs, hepatitis B surface antibody; HBsAg, hepatitis B surface antigen; APRI, AST-to-platelet ratio index; HDV, delta virus; ETV, entecavir; FIB-4, Fibrosis-4; TAF, tenofovir alafenamide fumarate; TDF, tenofovir disoproxil fumarate; NAs, nucleos(t)ide analogues; WHO, World Health Organization.

Most current article

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often require experience and judgment for management.^{10,11} Recommendations that are difficult to implement or ambiguous recommendations are barriers for treatment. These challenges lead to the exacerbation and perpetuation of health care disparities in populations who often already experience societal inequalities. The simplification of guidelines is critical to health equity, and a few working groups have simplified algorithms for primary care providers.^{12,13} However, our expert panel recognizes the need for further simplification and set forth to gain consensus on a streamlined approach for HBV care encompassing screening, vaccination, diagnostic workup, treatment, monitoring, and particularly, driving patient awareness.

Screening for HBV: An Integral Part of Liver Cancer Prevention

Screening is a crucial tool in the global elimination of HBV. The asymptomatic nature of HBV disease drives the need to implement a proactive screening approach with the goal of identifying those who require vaccination, disease progression monitoring, and HCC surveillance, and of treating those at risk for complications.^{14–16} Most guidelines recommend general population screening in countries with intermediate to high seroprevalence ($\geq 2\%$) and risk-based screening for all other countries.^{14–19} However, this screening approach has failed to achieve significant progress in increasing the diagnosis of HBV. Only 10% of those with chronic HBV across the globe were diagnosed in 2019, a minor progress toward achieving the 2030 WHO goals.^{4,20,21}

Several studies have demonstrated that fewer than half of primary care providers are screening at-risk patients.^{22–25} Risk-based screening failed to identify sufficient numbers of patients with HCV or HIV infection, and thus the guidelines for these infections have shifted to a universal, one-time test for all adults. A recent cost-effectiveness study demonstrated that universal HBV and related screenings of adults in the United States could save an additional \$263,000 for every 100,000 adults screened as compared with current screening practices.²⁶ Two additional cost-effectiveness studies have demonstrated that general population screening of HBV in adults remained economically feasible even in populations with low seroprevalence (as low as 0.3%–1.5%).^{27,28}

Our expert panel recommends universal, one-time testing for HBV for all adults and for all pregnant women with each pregnancy (see [Figure](#)). All adults over age 18 should be screened at least once in their lifetime, which will also ensure that those who did not mount an antibody response with infant vaccination or who were never vaccinated are identified and vaccinated.

Trio of HBV Serologic Markers. The following tests are recommended when screening for HBV infection^{12–18,29}:

- HBV surface antigen (HBsAg), if reactive or positive, indicates the presence (acute or chronic) of HBV infection (detectable as early as 1–2 weeks after infection)
- Antibodies to HBsAg (anti-HBs), if reactive or positive, indicates immunity against HBV either from vaccination or seroconversion from prior HBV infection
- Antibody to the core antigen of HBV (total anti-HBc), if reactive or positive, indicates exposure to HBV with previous or current infection (detectable around 3 months after infection)

The panel recommends universal vaccination against HBV in all patients who have negative serologies, given that it is impossible to determine potential future risks for exposure to HBV. Recently, the Center for Disease Control's Advisory Committee on Immunization Practices recommended HBV vaccination for all adults aged 19 through 59 years and those aged 60 or older with risk factors.³⁰ Given the high rate of risk factors, such as diabetes and fatty liver disease in older patients, universal vaccination will be a more simplified approach for implementation. We strongly recommend testing adults prior to vaccination to avoid the risk of false reassurance for patients who already have chronic HBV infection. In patients with previously known anti-HBs reactivity, but current negative anti-HBs test results, revaccination (a single booster) is only recommended for health care workers, sexual partners of persons with HBV, people who use drugs, chronic hemodialysis patients, and immunocompromised people (eg, those with HIV). Point-of-care hepatitis B testing is available and could be a valuable option in expanding accessibility, especially in low-resource settings, and help reduce costs of widespread testing.³¹

Reactive Antibody to the Core Antigen of HBV (Total Anti-HBc)

Patients with reactive anti-HBc antibody have most likely been exposed to HBV and have HBV genetic material within their hepatocytes. When these patients receive immunosuppressive medications, such as certain cancer chemotherapies, high-dose steroids, or biologics for autoimmune diseases, they are at risk for reactivation of HBV and can develop serious complications, such as liver failure.^{32,33} Recommendations for the management of these patients are beyond the scope of this perspective, but they may benefit from expert consultation, especially if they will potentially receive chemotherapy or biologic agents. If there is any concern that a repeated, isolated anti-HBc Ab could be a false positive result, it is not harmful to provide HBV vaccination, but these patients should still be considered at risk for reactivation.³⁴

Screening Recommendations

- Perform one-time testing of HBV in all adults who were not vaccinated at birth (born before 1991 for the United States), with each pregnancy, and in those at high risk for HBV infection regardless of age
- Use HBsAg, anti-HBs, and total anti-HBc as serologic markers for screening

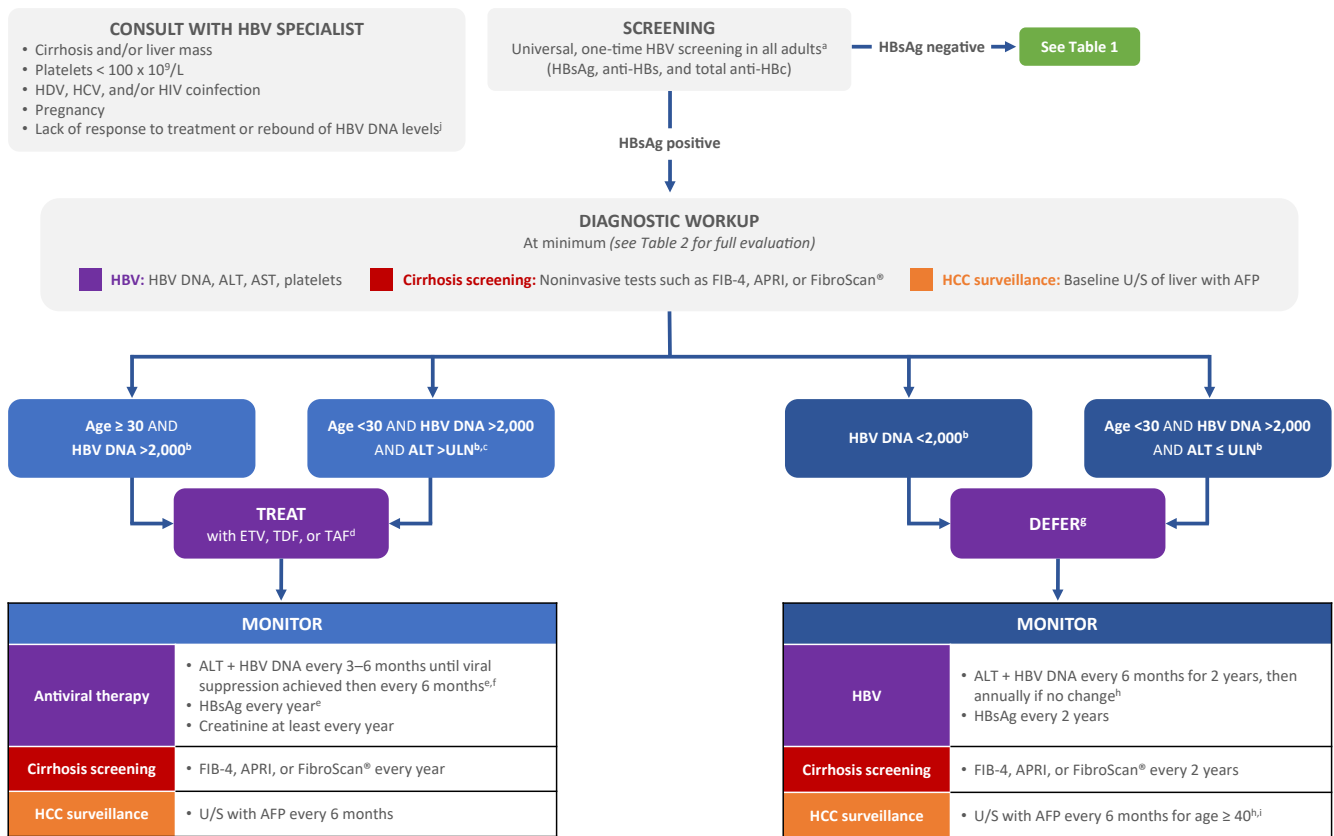


Figure. Simplified treatment algorithm for HBV care. AFP, alpha-fetoprotein; ALT, alanine aminotransferase; Anti-HBc, hepatitis B core antibody; Anti-HBs, hepatitis B surface antibody; APRI, aspartate aminotransferase [AST]-to-platelet ratio index; AST, aspartate aminotransferase; ETV, entecavir, FIB-4, Fibrosis-4; HBsAg, hepatitis B surface antigen; HBV, hepatitis B virus; HCC, hepatocellular carcinoma; TAF, tenofovir alafenamide fumarate; TDF, tenofovir disoproxil fumarate; U/S, ultrasound; ULN, upper limit of normal. a. In particular, those who did not receive birth HBV vaccination (or unknown status) and all pregnant women with each pregnancy. b. In settings in which HBV DNA testing is not routinely accessible, the WHO guidelines provide guidance for antiviral therapy based on consideration of the patient’s age and serum ALT level.¹⁰ c. The upper limit of normal for ALT in healthy adults is 30 U/L for men and 19 U/L for females.¹¹ d. See Table 3 for more information about dosing and administration. e. Patients often require long-term antiviral treatment; treatment can be stopped if patients meet all criteria: loss of HBsAg, complete ≥ 1 additional year of treatment, maintain persistently normal ALT and undetectable HBV DNA, and are willing to undergo monitoring for HBsAg seroreversion for ≥ 2 additional years. f. In low-resource settings, monitor ALT every 6 months and HBV DNA annually. g. Use clinical judgment and shared decision-making to determine if patient would benefit from or prefer treatment. h. In low-resource settings, ALT and U/S with AFP can be conducted once a year; if ALT rises above upper limit of normal, initiation of HBV treatment should be strongly considered. i. Age ≥ 20 in patients born in Africa. j. Failure of drug to reduce HBV DNA levels by ≥ 1 × log₁₀ IU/mL within 3 months of initiating treatment or rebound of ≥ 1 × log₁₀ IU/mL in patients with initial response.

- Patients with negative serological markers should be vaccinated
- Patients with anti-HBc positive results should be counseled about the risk of reactivation with immunosuppressive conditions
- Patients with HBsAg should undergo evaluation for treatment

- Review ways to minimize risk of transmission and need for further workup to determine if treatment is necessary
- Counsel on protecting the liver through limiting alcohol, avoiding herbals and supplements, and the need for screening/vaccination for hepatitis A
- Connect patients with substance use with harm-reduction services

Education for Patients With Chronic HBV Infection

- Inform about HBV tests and how to interpret the results
- Reassure patients that they can live a long and healthy life with ongoing care

Diagnostic Workup to Determine Treatment Eligibility

Patients who are found to be HBsAg positive require additional evaluation, education, counseling, and consideration of antiviral therapy (Table 1 and Figure). Patients

Table 1. Interpretation of Serological Testing Results and Recommended Actions

Test results			Action items	Patient education and counseling
+ HBsAg			<ul style="list-style-type: none"> Proceed to further work-up (Figure) 	<ul style="list-style-type: none"> Inform patient they have HBV infection and further evaluation is necessary to determine next steps Counsel regarding risk of HBV transmission Household and sexual contacts should be evaluated for HBV and vaccination
– HBsAg	+ Anti-HBs	+ Total anti-HBc	<ul style="list-style-type: none"> No further action required^a 	<ul style="list-style-type: none"> Inform patient they had previous HBV infection that has resolved Counsel regarding risk of HBV reactivation
		– Total anti-HBc	<ul style="list-style-type: none"> No further action required 	<ul style="list-style-type: none"> Inform patient they have HBV immunity due to vaccination and no further follow-up is necessary
	– Anti-HBs	+ Total anti-HBc	<ul style="list-style-type: none"> No further action required^a 	<ul style="list-style-type: none"> Counsel on risk of reactivation
		– Total anti-HBc	<ul style="list-style-type: none"> Vaccinate at-risk patients^b 	<ul style="list-style-type: none"> Inform patient they are susceptible to HBV infection; initiate HBV vaccination

Anti-HBc, hepatitis B core antibody; Anti-HBs, hepatitis B surface antibody; HBsAg, hepatitis B surface antigen; HBV, hepatitis B virus; HCW, health care worker; HIV, human immunodeficiency virus.

^aConsult with a specialist if patient is on any immunosuppressive therapy.³⁵

^bBooster vaccine followed by serologic testing 1–2 mo later is only recommended for HCWs, sexual partners or household contacts of persons with HBV, people who use drugs, persons with a history of incarceration, chronic hemodialysis patients, and immunocompromised people (eg, those with HIV). If negative anti-HBs test, repeat the full vaccination series and retest 1–2 mo after the last vaccine dose.¹³

should undergo a physical examination, blood work, and cirrhosis screening to identify whether or not they would benefit from antiviral treatment (Table 2).

A physical examination should be performed to look for stigmata of cirrhosis (eg, jaundice, hepatomegaly, splenomegaly, palmar erythema, ascites, spider hemangiomas, gynecomastia, encephalopathy) and extrahepatic manifestations (eg, vasculitis, glomerulonephritis, fever). Factors that may influence liver health, such as obesity, alcohol consumption, and other comorbid conditions (eg, diabetes, metabolic syndrome, and renal disease) should also be taken into consideration and addressed as part of lifestyle health and well-being maintenance. Laboratory testing should include tests that measure liver function and/or injury, HBV replication and infectivity (ie, quantitative HBV DNA), and the presence and prevention of comorbidities (Table 2). In a setting in which HBV DNA testing is not routinely accessible, the WHO guidelines provide guidance for antiviral therapy based on consideration of the patient's age and serum alanine aminotransferase (ALT) level.¹⁵

Cirrhosis Screening. Cirrhosis screening is an important step in determining the appropriate HBV management pathway. Liver biopsy remains the gold standard for the assessment of fibrosis stage as well as the diagnosis

of liver cirrhosis. However, the panel recommends that all patients undergo liver disease assessment based on readily accessible laboratory tests, such as aspartate aminotransferase (AST), ALT, and platelet count. Specifically, clinicians should calculate the AST-to-platelet ratio index (APRI; <https://www.hepatitisc.uw.edu/page/clinical-calculators/apri>) and/or the Fibrosis-4 (FIB-4; <https://www.hepatitisc.uw.edu/page/clinical-calculators/fib-4>). For both tests, a higher score indicates a higher likelihood of advanced liver fibrosis. In addition, all patients should also undergo a baseline ultrasound of the liver with alpha-fetoprotein (AFP) to assess for the presence of HCC. While ultrasound of the liver has relatively moderate sensitivity for detecting HCC at an early stage, obtaining an AFP may improve sensitivity of early HCC detection.¹

Alternatively, other noninvasive modalities, such as vibration controlled elastography, magnetic resonance elastography, and enhanced liver fibrosis testing can be considered, however, these may be costly or not available in most primary care centers.

Diagnostic Workup Recommendations

- Perform physical exam for stigmata of cirrhosis and extrahepatic manifestations

Table 2. Simplified Approach for Hepatitis B Evaluation

Severity of liver disease	Level of viral replication	Presence and prevention of comorbidities
• Stigmata of cirrhosis ^a	• HBV DNA quantitative	• Diabetes, metabolic syndrome, renal disease, other liver diseases
• Extrahepatic manifestations ^b		• Renal function creatinine and eGFR
• CBC with platelets, INR		• Identify coinfections anti-HCV, anti-HIV, anti-HDV
• Liver biochemistries ALT, AST, ALP, total bilirubin, albumin, and creatinine		• Pregnancy test for all women of childbearing age
• Calculate APRI and/or FIB-4		• Current medications (including as needed drugs, over the counter drugs, vitamins, herbals, and supplements)
• Ultrasound of the liver with AFP		• Screen for STDs
• Other noninvasive methods such as elastography, if available		• Risk factors for progressive liver disease (ie, alcohol consumption, obesity)

AFP, alpha-fetoprotein; ALP, alkaline phosphatase; ALT, alanine aminotransferase; APRI, aspartate aminotransferase [AST]-to-platelet ratio index; AST, aspartate aminotransferase; CBC, complete blood count; eGFR, estimated glomerular filtration rate; HCV, hepatitis C virus; HIV, human immunodeficiency virus; HPV, human papillomavirus; INR, international normalized ratio; FIB-4, Fibrosis 4; STDs, sexually transmitted diseases.

^aStigmata of cirrhosis include jaundice, hepatomegaly, splenomegaly, palmar erythema, ascites, edema, spider hemangiomas, gynecomastia, asterixis, and encephalopathy.

^bExtrahepatic manifestations include vasculitis, erythematous skin rash, fever, glomerulonephritis, polyarthritis, and cryoglobulinemia.³⁶

- Obtain HBV DNA level, liver tests (ie, complete blood count, AST, ALT, and coinfection status)
- Calculate APRI or FIB-4 to detect advanced fibrosis or cirrhosis
- Screen for HIV, delta virus (HDV), and HCV coinfections
- Screen for HCC by ultrasound and AFP

Education for Patients With HBV

- Reiterate ways to minimize risk of transmission
- Discuss risks of cirrhosis and HCC as related to HBV
- Provide patient education materials and support

Treatment for an Oncogenic Virus

HBV infection is considered oncogenic due to direct and indirect mechanisms that cause an increase in the risk of HCC.³⁷ Persons with chronic HBV infection (HBsAg positive) are at a 25- to 37-fold increased risk of HCC compared to noninfected people. The approach to treating HBV should be focused on reducing the carcinogenicity of HBV infection through antiviral treatment. Currently there is no cure for HBV, but goals of antiviral therapy are to suppress viral replication and to reduce the risk of mortality, HCC, progression of liver disease, and transmission to others, particularly mother-to-child transmission in pregnancy.^{12,14-18,29,38} Despite the strong association of chronic HBV infection with HCC, many patients at risk for HCC go untreated for HBV infection.^{8,39} In 2016, only 1.7% of all persons with chronic HBV received treatment worldwide.³⁹

Data collected from Center for Disease Control's US Chronic Hepatitis Cohort Study (CHeCS) show unacceptably low treatment of HBV patients with cirrhosis (only 56% with cirrhosis were on HBV antiviral therapy).⁴⁰ A follow-up of this study showed that treating HBV was associated with a 61% lower HCC risk.⁴¹

Treatment Eligibility. The panel recognized that existing guidelines are confusing, ambiguous, and leave many patients with HBV infection in a "grey" area where there is no clear guidance on how to manage them. The panel reviewed how these patients are actually being treated in their respective practices and reviewed the literature on clinical outcomes for patients who do not fit into treatment categories specified in other guidelines. The goal was to have clear management strategies for all patients with HBV infection. The shared approach was to assume that all patients with chronic HBV infection need to be treated, and then to exclude those who do not "qualify" for treatment, rather than the currently prevailing, reverse perspective, to reduce the number of patients who are not receiving appropriate treatment. Therefore, we recommend utilizing 3 objective factors: severity of liver disease, age, and HBV DNA level. With this approach, hepatitis B e antigen (HBeAg) or hepatitis B e antibody (anti-HBe) is not required in treatment decision-making, as it does not add further discriminating information, but instead may contribute to confusion around selecting appropriate treatment candidates.

All persons who have stigmata of cirrhosis and/or a fibrosis assessment that suggests cirrhosis (ie, APRI score >

2.0; FIB-4 > 3.25) with any detectable HBV DNA should initiate antiviral treatment with oral nucleos(t)ide analogues (NAs), regardless of age or HBV DNA level. Patients with cirrhosis, compensated or decompensated, or with a mass on ultrasound or other liver imaging, should be referred immediately to a specialist, regardless of HBV DNA level, due to additional complex management of cirrhosis and cancer (see Figure for other instances needing consultation). In addition, patients with HIV, HCV, and/or HDV coinfection should also be referred to an HBV specialist.

When cirrhosis is not present, we recommend using the patient's age and HBV DNA level to determine treatment necessity and monitoring decisions. There is clinical evidence demonstrating that HBV DNA levels of >2000 IU/mL are associated with an increased risk of HCC or progression to cirrhosis, regardless of HBeAg status or ALT level.⁴²⁻⁴⁸ Based on recent clinical data and real-world experience, the expert panel recommends antiviral treatment of all patients > 30 years of age with HBV DNA levels > 2000 IU/mL, regardless of ALT level or HBeAg status, and of all patients < 30 years of age with HBV DNA levels > 2000 IU/mL along with ALT above the upper limit of normal on repeat testing (Figure). Similarly, the WHO guidelines utilize the > 30 years of age, when no cirrhosis is present, as a threshold for treatment.¹⁵

With expanding treatment to more patients, concern arises for the cost-effectiveness of such interventions. The cost of generic HBV treatments is relatively low.³⁹ Several studies have demonstrated that treating all patients diagnosed with chronic HBV is cost-effective.⁴⁹⁻⁵³ Lepers et al analyzed different treatment models to determine the most cost-effective strategy in France and found that broadening treatment eligibility to include the treatment of all patients soon after being diagnosed with chronic HBV infection was the most cost-effective strategy.⁴⁹ Lim et al demonstrated that using HBV DNA level of >2000 IU/mL alone for non-cirrhotic patients and removing ALT and HBeAg treatment eligibility parameters would avoid 43,300 cases of HCC, save 37,000 lives in Korea, and be considered highly cost-effective.⁵³

Treatment Options. Entecavir (ETV), tenofovir disoproxil fumarate (TDF), and tenofovir alafenamide fumarate (TAF) are second-generation NAs that inhibit HBV DNA replication and are recommended as first-line, monotherapy agents due to their lower risk of drug resistance, as compared to other NAs.^{15,16,29} The surrogate marker of treatment response is sustained HBV DNA suppression at undetectable levels, while the primary endpoint at which therapy could potentially be discontinued is HBsAg loss.^{16,29} While HBsAg loss is not considered a "virological" or "sterilizing" cure, since covalently closed circular DNA typically persists within the hepatocytes of persons with resolved HBV infection, this is recognized as a "functional" cure. Interferon therapy is not recommended as a first-line therapy due to the low rate of serological responses, delivery mode (ie, injection), poor tolerability, and the need for

close monitoring, despite being a finite treatment with statistically greater potential for HBsAg loss, as compared to NAs.^{15,54} The WHO recommends switching to TDF or TAF in patients with suspected antiviral resistance to lamivudine, ETV, adefovir, or telbivudine (defined as failure of drug to reduce HBV DNA levels by $\geq 1 \times \log_{10}$ IU/mL within 3 months of initiating treatment or rebound of $\geq 1 \times \log_{10}$ IU/mL in patients with initial response).¹⁵ Lack of response or rebound of HBV DNA level in patients with initial response warrants referral to an HBV specialist.

Table 3 provides information on the dosing and key considerations of ETV, TDF, and TAF. TAF is not recommended in patients with decompensated cirrhosis (Child-Turcotte-Pugh CTP [CTP] B or C), although recent data presented at the European Association for the Study of the Liver (EASL) 2020 conference demonstrated high rates of viral suppression and stable safety outcomes in chronic HBV patients with hepatic impairment (CTP ≥ 7 and ≤ 12) who switched from TDF to TAF.^{55,58} Resistance to ETV has been reported in patients with pre-exposure to lamivudine, especially in those who were treatment resistant; as such, ETV is not recommended for persons with prior exposure to lamivudine, and TDF or TAF is recommended for these patients.⁵⁹⁻⁶² All first-line treatments are generally well tolerated, including among patients with cirrhosis.^{14,16}

Treatment Recommendations

- Treat all patients with cirrhosis (with detectable HBV DNA)
- Treat all patients > 30 years of age and HBV DNA > 2000 IU/mL if they have no evidence of cirrhosis
- Refer to specialist if decompensated cirrhosis is suspected or if HIV coinfection exists
- Use ETV, TDF, or TAF as first-line agents for treatment of HBV

Education for Patients With HBV

- Address access to therapy in addition to cost
- All appropriate family members should be screened for HBV
- Be optimistic about future research and treatments for HBV
- Engage patients in treatment decision process to enhance adherence
- Discuss potential side effects, including bone mineral density and renal function with TDF therapy

Optimizing Long-Term Outcomes With Monitoring

In patients on antiviral therapy, ongoing monitoring is necessary to detect HCC and liver disease progression, as well as treatment response, toxicity, and adherence. HBV DNA suppression, the strongest predictor of disease progression and long-term outcomes, is achieved by 24-48

Table 3. First-Line Treatments for Hepatitis B Infection⁵⁵⁻⁵⁷

Key considerations	Entecavir (ETV)	Tenofovir disoproxil fumarate (TDF)	Tenofovir alafenamide fumarate (TAF)
Dosage and administration			
No cirrhosis or compensated cirrhosis	0.5 mg tablet once daily	300 mg QD	25 mg QD
Decompensated cirrhosis	1 mg QD	300 mg QD	25 mg QD ⁵⁸
Prior treatment failure with lamivudine or telbivudine	Not recommended	300 mg QD	25 mg QD
Use in renal impairment	Dosage adjustment in eGFR < 50 mL/min	Dosage adjustment in eGFR < 50 mL/min	Not recommended in eGFR < 15 mL/min not on hemodialysis
Most common side effects	Headache, fatigue, dizziness, and nausea ^a	Nausea ^b	Headache ^c
Key drug-drug interactions ^d	Drugs that reduce renal function or compete for active tubular secretion N/A	Adefovir, didanosine, protease inhibitors, HCV antivirals	Drugs that strongly affect P-gp and BCRP activity, carbamazepine, phenytoin, rifampin, St. John's wort
BCRP, breast cancer resistance protein; BMD, bone mineral density; eGFR, estimated glomerular filtration rate; QD, every day; mg, milligram; mL, milliliter; min, minute; P-gp, P-glycoprotein.			
^a Most common adverse reactions of any severity in ≥3% of subjects with at least a possible relation to study drug.			
^b Most common adverse reactions in HBV-treated subjects with compensated liver disease.			
^c Most common adverse reactions of any severity in ≥ 10% of subjects.			
^d Health care providers should consult prescribing information, their local pharmacist, and/or online tools (eg, HEP Drug Interactions, http://www.hepdruginteractions.org) to confirm interaction or lack of interaction for specific drugs within a class, as exceptions may exist.			

weeks of treatment with TDF, TAF, or ETV in at least half of patients with HBV mono-infection.^{15,29} It is also an excellent marker to use for adherence. In patients starting treatment, we recommend scheduling an in-person office visit, or a telemedicine telephone or video consultation, around 3 months after starting therapy to check in with the patient regarding treatment adherence and any side effects, as well as to provide an opportunity for additional patient counseling. The results of a recent nationwide, population-based cohort study demonstrated a more than 30% reduction in risk of death and/or transplantation in patients who were fully adherent (≥ 90%), which was more than 60% of the patients in this study, compared with those with partial adherence (< 90%).⁶³ While single, daily dosing of antivirals coupled with minimal side effects can positively influence adherence, barriers similar to other long-term treatments for chronic diseases such as asymptomatic disease, forgetfulness, competing priorities, and patient-related factors continue to be an issue. Therefore, the importance of long-term treatment adherence should be regularly discussed with patients and novel approaches to improving adherence are still warranted.

Our expert panel recommends monitoring ALT and HBV DNA every 3–6 months until viral suppression is achieved, and then every 6 months; HBsAg testing should be conducted annually (see [Figure](#)). Genotypic resistance is low

with first line ETV, TDF, and TAF and, therefore, testing is not recommended unless patients fail to respond to treatment or resistance is suspected. In low-resource settings, however, ALT can be performed every 6 months, and HBV DNA annually. In addition, cirrhosis screening should be conducted at least annually, and ultrasound with AFP for HCC surveillance should be performed every 6 months (see [Figure](#)). Renal function should be monitored at least annually in those patients receiving TDF therapy; monitoring may be increased for individuals with underlying kidney disease. Studies of up to 96 weeks have demonstrated TAF had significantly less progression of chronic kidney disease and bone mineral loss, as compared to TDF.^{64,65}

Newly diagnosed patients without cirrhosis who do not meet criteria for treatment initiation (see [Figure](#)) should have HBV DNA monitored every 6 months for approximately 2 years to ensure patients are truly in a low replicative state (HBV DNA levels consistently remain <2000 IU/mL), and annually thereafter. Obtaining ultrasound with AFP is recommended every 6 months in patients ≥ 40 years of age. Patients born in Africa have a higher risk of early onset of HCC; therefore, we recommend HCC surveillance should begin at age 20 in these individuals.⁶⁶ HBsAg and cirrhosis screening should be monitored every 2 years. In low-resource settings without access to HBV DNA testing, ALT and ultrasound with AFP can be conducted once a year;

if ALT rises above ULN, initiation of HBV treatment should be strongly considered.

Stopping Treatment. All patients with cirrhosis require lifelong treatment with NAs as severe liver injury can occur with HBV reactivation.¹⁵ In patients without cirrhosis, treatment should continue until therapeutic response has been achieved, defined as meeting all the following criteria: loss of HBsAg plus completing at least one additional year of treatment, maintaining persistently normal ALTs and undetectable HBV DNA, and willingness to undergo monitoring for HBsAg seroreversion for at least 2 additional years.^{15,29} Only a small percentage of patients per year will achieve HBsAg loss; therefore, long-term, continuous treatment is required for most patients until novel drugs become available that can induce functional HBV cure.⁶⁷

Monitoring Recommendations

- Obtain ALT and HBV DNA every 3 months for the first year, then every 6 months thereafter
- Perform ultrasound with AFP every 6 months
- Obtain HBsAg and assess fibrosis (testing consistent with cirrhosis) annually

Education for Patients With HBV

- Connect patient to support services (eg, patient assistance programs, copay cards, peer support)
- Discuss any side effects, challenges with adherence, etc.
- Promote maintenance of health and well-being; counsel patient on healthy lifestyle and assess for metabolic-associated fatty liver disease risk factors

Conclusion

Universal screening and the simplification of HBV care pathways for primary care providers and front-line workers are critical steps to finding the missing millions living with hepatitis B and to ensuring equitable access to life saving care for them. Adapting recommendations so they are realistic and implementable within diverse settings is important. We must also take into account resource limitations and the cost burden to patients in our complicated health care system and create guidelines that are not so rigid as to become a barrier to care. Creating dashboards, registries, and electronic medical record tools are also valuable to support HBV monitoring. Educating patients and soliciting their treatment preferences are also part of ensuring that care has a meaningful impact on their lives. Increasing overall community awareness about hepatitis B, its link to liver cancer, and the interventions we have for testing, vaccination, and cure are importance messages, especially in affected communities. We must apply our scientific advances and medical recommendations with a lens of equity and population health if we are to achieve hepatitis B elimination.

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Authors' Contributions:

Douglas Dieterich, MD: Attended virtual consensus meeting, developed manuscript content and treatment algorithm, and reviewed final manuscript for submission. Camilla Graham, MD, MPH: Attended virtual consensus meeting, developed manuscript content and treatment algorithm, and reviewed final manuscript for submission. Su Wang, MD, MPH: Attended virtual consensus meeting, developed manuscript content and treatment algorithm, and reviewed final manuscript for submission. Paul Kwo, MD: Attended virtual consensus meeting, developed manuscript content and treatment algorithm, and reviewed final manuscript for submission. Kosh Agarwal, MD: Attended virtual consensus meeting, developed manuscript content and treatment algorithm, and reviewed final manuscript for submission. Chun-Jen Liu, MD, PhD: Attended virtual consensus meeting, developed manuscript content and treatment algorithm, and reviewed final manuscript for submission. Mark Sulkowski, MD: Attended virtual consensus meeting, developed manuscript content and treatment algorithm, and reviewed final manuscript for submission. Young-Suk Lim, MD, PhD: Attended virtual consensus meeting, developed manuscript content and treatment algorithm, and reviewed final manuscript for submission.

Conflicts of Interest:

These authors disclose the following: DD has served in a consulting capacity for Intercept Pharmaceuticals and Gilead. SW has served in an advisory/consulting capacity for Gilead and has received research grants from Gilead Sciences. PK has served in a consulting/advisory capacity to Gilead, Aligos, Abbvie, Mallinckrodt, TwoXR, SUrozen, HepQuant, Syneos, Durect, and Amby; he has received institutional grants from Gilead, BMS, Assembly Biosciences and DSMB Janssen. YL has received grants, non-financial support, and other support from Gilead Sciences, apart from the submitted work. KA has served in an advisory/consulting capacity for Aligos, Assembly, Arbutus, Boehringer Ingelheim, Springbank, Roche, Janssen, Immunocore, Gilead, Sobi, Shinoigi, and Sandoz; he has served as a speaker for Gilead and Sobi. CL has served in an advisory capacity for Gilead and has received grants from MSD. MS has served in a consulting/advisory capacity to Antios, Arbutus, Assembly Biosciences, AbbVie, Gilead, Virion, and Viv and has received research grants from AbbVie, Gilead Sciences, Assembly Biosciences, and Janssen Pharmaceuticals. In addition, MS sat on a Data Monitoring Committee for Gilead and AbbVie, as well as an outcome adjudication committee for FH360. The remaining author discloses no conflicts.

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Ethical Statement:

The corresponding author, on behalf of all authors, jointly and severally, certifies that their institution has approved the protocol for any investigation involving humans or animals and that all experimentation was conducted in conformity with ethical and humane principles of research.

Data Transparency Statement:

Data, analytic methods, and study materials will not be made available to other researchers due to the nature of this paper.